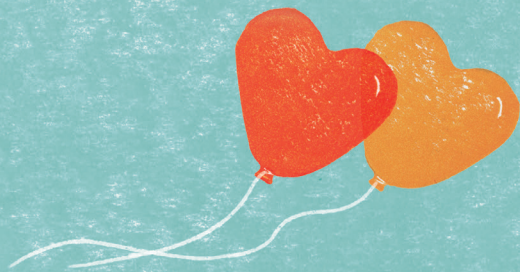


An activity
for tots
and adults
to share!



Feel Love . . . and Share Love.

Send kindness into the world
with a sweet meditation
that builds empathy.



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Mindful Tots



Loving Kindness

Stewart
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Mindful Tots

Loving Kindness

Happy feelings for little ones



Whitney Stewart • Rocío Alejandro